

Stephen H. Chen

Wellesley College
Department of Psychology
106 Central Street
Wellesley, MA 02481

Phone: (781)-283-2527
stephen.chen@wellesley.edu
[Department Page](#)
[Lab Website](#)

Academic Positions

Wellesley College, Department of Psychology

2021-present Associate Professor (with tenure)
2014-2020 Assistant Professor

University of California, San Francisco, Department of Psychiatry

2012-2014 Fellow, Clinical Psychology Training Program
(APA-accredited Clinical Internship and Postdoctoral Fellowship)

Education

2007-2013 **University of California, Berkeley**
Ph.D., Psychology
Clinical Science area (APA-accredited)

1996-2000 **Rutgers University, New Brunswick, NJ**
Rutgers College General Honors Program
B.A., Psychology (Honors), minor: Chinese

Other Training & Professional Experience

2001-2007 **Associate Director, Special Education & Psychological Services**
Director of Administration
The SMIC Private School, Shanghai, China

2000-2001 **TECRO/U.S. Department of Education Scholar**
Center for Chinese Language & Culture, National Taiwan Normal University

Editorial Boards

2025-present *Journal of Research in Adolescence* (Consulting Editor)
2022-present *Developmental Psychology* (Editorial Board Reviewer)
2021-present *Child Development* (Consulting Editor)
2019-present *Cultural Diversity and Ethnic Minority Psychology* (Consulting Editor)
2020-2024 *Asian American Journal of Psychology* (Consulting Editor)

Grants & Fellowships

2024-present Co-Investigator, Asian Pacific American Religious Research Institute Working Group Grant: "Deepening our Understanding of Confucianism & Daoism for Clinicians & Social Activists: Enriching Applied Approaches for Asian-American/Pacific Islanders

2023-present Co-Investigator, UC Berkeley Faculty Grant "Expanding the Case Formulation Psychotherapeutic Framework for Asian American Pacific Islander Communities" (PI: Nancy Liu)

2022 Co-Organizer: AALAC Faculty Workshop Grant: "Establishing a Network for Asian American Psychology Faculty at Liberal Arts Colleges"

2018-present Consultant; "Grandparent Involvement in Childrearing in Chinese Families: Consequences for Children's Biological Stress Responses and Behavioral Adjustment"; Chau Hoi Shuen Foundation Women in Science Research Grant. (PI: Qing Zhou)

2016-2018 PI, "Grandparent Caregiving Practices and Obesity in Chinese Immigrant Children". American Psychological Foundation Visionary Grant.

2016-2018 Co-Investigator, "Asian Women's Action for Resilience and Empowerment (AWARE) at Wellesley". Faculty Research Award, Wellesley College. (PI: Hyeouk Hahm)

2015-2018	Co-Investigator, "Examining Mental Health Stressors of Newly Arrived Asian Immigrant Families in Boston". University of Massachusetts-Boston Public Service Grant. (PI: Leslie Wang)
2015-2018	PI, "Parental Self-Regulation and Emotion Language: New Targets for Mental Health Interventions in Low-SES Chinese American Immigrant Families". American Psychological Foundation Okura Mental Health Foundation Fellowship Grant.
2015-2017	Co-Investigator, "Transnational Separations in Chinese American Immigrant Families". Faculty Research Award, Wellesley College.
2014-2017	PI, "AAPA Consortium for Undergraduate Training". American Psychological Association Commission on Ethnic Minority Recruitment, Retention, and Training.
2014-2016	Co-Investigator, "Attending to Family Mental Health Needs in Boston Chinatown". American Sociological Association Community Action Research Initiative Grant. (PI: Leslie Wang)
2012	PI, "Immigrant Parents' Language Choice in Emotional Expression". Graduate Research Grant, Department of Psychology, U.C. Berkeley
2011	PI, "Acculturation and Parent Emotion in the Immigrant Family"
	Sheldon J. Korchin Dissertation Award, Department of Psychology, U.C. Berkeley
2008	Co-Investigator: An interdisciplinary approach to illegal immigration from Asia to the United States. Graduate Research Grant, Institute of East Asian Studies, U.C. Berkeley
2010-2013	Harvey Fellowship, Mustard Seed Foundation
2008-2011	National Science Foundation Graduate Research Fellowship
2007	Diebold Fellowship, Psychology Department, U.C. Berkeley
2000-2001	TECRO/U.S. Department of Education Scholar
1996-2000	Rutgers College Merit Scholarship, Rutgers University

Awards & Recognition

2025	Fellow, Asian Pacific American Religious Research Initiative Media Fellows Program
2020	Early Career Award for Distinguished Contributions to Research, Asian American Psychological Association
2016	Most prolific author in Asian American Psychology (2015), <i>Asian American Journal of Psychology</i>
2015	Early Career Award, Society for Research in Child Development Asian Caucus
2014	William T. Grant Foundation Early Career Minority Scholar Travel Award
2013	Graduate Research Award, Asian American Psychological Association
2013	National Psychologist Trainee Register Credentialing Scholarship
2013	Honorable Mention, Best Graduate Research Paper, Association for Asian American Studies
2013	Junior Mentor, Millennium Scholars Program, Society for Research on Child Development
2013	Travel Award, Society for Research on Child Development
2013	Travel Award, U.C. Berkeley
2012	Travel Award, Wisconsin Symposium on Emotion
2011	Graduate Division Travel Grant, U.C. Berkeley
2010	Association for Psychological Science RISE Graduate Research Award
2007	William V. Power Graduate Award, U.C. Berkeley
2000	Henry Rutgers Scholar, Rutgers University
2000	Phi Beta Kappa, Rutgers University
2000	Departmental Honors, Psychology, Rutgers University
1997	Dean's Award for Academic Excellence, Rutgers University

Peer-Reviewed Articles

(*indicates mentored undergraduate authors; ‡ indicates mentored graduate student authors)

1. Liu, N.H. & **Chen, S.H.** (revision in review). Expanding psychotherapeutic intervention frameworks for Asian-American & Pacific Islander Mental Health: Qualitative Synthesis of Multidisciplinary Perspectives.
2. Williams, A. I.†, Liu, C., Zhou, Q., & **Chen, S.H.** (in review). Bilingual code-switching activates different cultural scripts of emotion.
3. Wang, L.K., Liu, C.H., Deng., X*.‡, & **Chen, S.H.** (in review). Growing up between cultures: transnational parent-child separation among Chinese American families.
4. Tsai, J. [...] **Chen, S.H.** [...] et al., (accepted). Two Decades of Ideal Affect: Enduring cultural Patterns and Emerging Associations. *Psychological Bulletin*.

5. Wang, M.*, Gleason, T.R., & **Chen, S.H.** (2024). Effortful control is associated with ethnic minority children's pro-wealth biases and explanations across social domains. *Developmental Psychology*. Advance online publication. <https://doi.org/10.1037/dev0001853>
6. Williams, A. I.†, Liu, C., Meng, L., Deng, X.*, Zhou, Q., & **Chen, S.H.** (2024). Parental expressions of love in Chinese American immigrant families: Implications for children's attachment security. *Developmental Science*.
7. Wong, S.†, Zhang, E.†, Liu, C.H., & **Chen, S.H.** (2024). Ethnic-racial socialization in Chinese immigrant families: Associations with middle childhood ethnic identity. *Social Development*, 12746.
8. Deveney, C., Ayeni, B*, Mouangue, A*; Pierce, S*, Pope, E*; **Chen, S.H.** (2024). Trait irritability and temporal discounting: Exploring potential sociocultural moderators. *Personality and Individual Differences*, 220, 112525.
9. **Chen, S.H.**, Deng, X.*, Zhang, E.*, Wang, L.K., Liu, C.H. (2021). Self-regulatory development in children from Chinese immigrant families: Evidence for commonality and specificity. *Child Development*, 92(6), e1126-e1137
10. **Chen, S.H.**, Cohodes, E., Bush, N.R., & Lieberman, A.F. (2020). Child and caregiver executive function in trauma-exposed families: Relations with children's cognitive and behavioral functioning. *Journal of Experimental Child Psychology*, 200, 104946.
11. Cohodes, E., **Chen, S.H.**, Bush, N.R., & Lieberman, A.F. (2020). Examination of the associations between young children's trauma exposure, trauma-symptomatology, and executive function. *Child Abuse and Neglect*, 108, 104635.
12. **Chen, S.H.**, Zhang, E.*, Liu, C.H., & Wang, L.K. (2020). Depressive Symptoms in Chinese Immigrant Mothers: Relations with Perceptions of Social Status and Interpersonal Support. *Cultural Diversity and Ethnic Minority Psychology*. DOI: 10.1037/cdp0000343
13. Hahm, H.C., Hsi, J.H., Petersen, J.M., Xu, J., Lee, E.A., **Chen, S.H.**, & Liu, C.H. (2020). Preliminary efficacy of AWARE in college health service centers: A group psychotherapy intervention for Asian American women. *Journal of American College Health*. <https://doi.org/10.1080/07448481.2020.1777135>
14. Wang, L.K., Wong, S.H., Zhang, X., **Chen, S.H.**, Li, G., Yau, Y., & Liu, C. H. (2020). Establishing a Parenting Program for Transnationally Separated Chinese Immigrant Families: Community-Based Pilot Program *Psychiatric Services*, 71(8), 868-871.
15. **Chen, S.H.**, Gleason, T.R., Wang, M.*, Liu, C.H., & Wang, L. (2019). Perceptions of social status in Chinese American children: Associations with social cognitions and socioemotional well-being. *Asian American Journal of Psychology*, 10 (4), 362-372.
16. **Chen, S. H.**, & Zhou, Q. (2019). Longitudinal relations of cultural orientation and emotional expressivity in Chinese American immigrant parents: Sociocultural influences on emotional development in adulthood. *Developmental Psychology*, 55(5), 1111–1123.
17. Chaudhry, T.* & **Chen, S.H.** (2019). Mental illness stigma in South Asian individuals: Associations with cultural values and parent mental illness explanations. *Asian American Journal of Psychology*, 10 (2), 154.
18. **Chen, S.H.** & Zhou, Q. (2019). Cultural values, social status, and immigrant parents' emotional expressivity. *Journal of Cross-Cultural Psychology*, 50 (3), 381-395.
19. Deveney, C.M., **Chen, S.H.**, Wilmer, J.B., Schmidt, H*, Zhao, V*, & Germine, L. (2018) Social class and emotion perception: A pre-registered replication. *PloS one*, 13(10), e0205949
20. **Chen, S.H.**, Zhou, Q., & Uchikoshi, Y. (2018). Heritage language socialization in Chinese American immigrant families: prospective links to children's heritage language proficiency. *International Journal of Bilingualism and Bilingual Education*, 1-17,
21. Charmaraman, L., Chan, H. B., **Chen, S.H.**, Richer, A., & Ramanudom, B. (2018). Asian American social media use: From cyber dependence and cyber harassment to saving face. *Asian American Journal of Psychology*, 9(1), 72.
22. Cohodes, E., **Chen, S.H.**, & Lieberman, A. (2017). Maternal Meta-Emotion Philosophy Moderates Effect of Maternal Symptomatology on Preschoolers Exposed to Domestic Violence. *Journal of Child and Family Studies*, 26(7), 1831-1843.
23. **Chen, S.H.**, Main, A., Zhou, Q., Bunge, S.A., Lau, N., Chu, K. (2015). Effortful control and early academic achievement of Chinese American children in immigrant families. *Early Childhood Research Quarterly*, 30, 45-56.
24. **Chen, S. H.**, Zhou, Q., Main, A., & Lee, E. H. (2015). Chinese American immigrant parents' emotional expression in the family: Relations with parents' cultural orientations and children's emotion-related regulation. *Cultural Diversity and Ethnic Minority Psychology*, 21(4), 619.
25. Tang-Smith, E., Johnson, S. L., & **Chen, S.H.** (2015). The dominance behavioural system: A multidimensional

- transdiagnostic approach. *Psychology and Psychotherapy: Theory, Research and Practice*, 88(4), 394-411.
26. **Chen, S.H.**, Epel, E.S., Mellon, S.H., Lin, J., Reus, V.I., Rosser, R., Kupferman, E., Burke, H., Mahan, L., Blackburn, E.H., & Wolkowitz, O.M. (2014). Adverse childhood experiences and leukocyte telomere maintenance in depressed and healthy adults. *Journal of Affective Disorders*, 169, 86-90.
 27. **Chen, S.H.**, Zhou, Q., Uchikoshi, Y., & Bunge, S. (2014). Variations on the bilingual advantage? Links of Chinese and English proficiency to Chinese American children's self-regulation. *Frontiers in Psychology*, 5, 1069.
 28. Zhou, Q., **Chen, S.H.**, Cookston, J.T., & Wolchik, S.A. (2014). Cultural adaptation of the New Beginnings parent program for divorced Asian American mothers: A pilot study. *Asian American Journal of Psychology*, 5 (2), 126-133.
 29. **Chen, S.H.**, Hua, M.*, Zhou, Q., Tao, A., Lee, E.H., Ly, J., & Main, A. (2014). Parent-child cultural orientations and child adjustment in Chinese American immigrant families. *Developmental Psychology*, 50(1), 189-201.
 30. Lee, E.H., Zhou, Q., Ly, J., Main, A., Tao, A., & **Chen, S.H.** (2014). Neighborhood characteristics, parenting styles, and children's behavioral problems in Chinese American immigrant families. *Cultural Diversity and Ethnic Minority Psychology*, 20 (2), 202-212.
 31. **Chen, S.H.**, Kennedy, M.*, & Zhou, Q. (2012). Parents' expression and discussion of emotion in the multilingual family: Does language matter? *Perspectives in Psychological Science*, 7 (4), 365-383.
 32. Zhou, Q., Tao, A., **Chen, S.H.**, Main, A., Lee, E., Ly, J., Hua, M.*, & Li, X. (2012). Asset and protective factors for Asian American children's mental health adjustment. *Child Development Perspectives*, 6 (3), 312-319.
 33. **Chen, S.H.** & Johnson, S.L. (2012). Family influences on mania-relevant cognitions and beliefs: A cognitive model of mania and reward. *Journal of Clinical Psychology*, 68 (7), 829-842.
 34. Ly, J., Zhou, Q., Chu, K., & **Chen, S.H.** (2012). Teacher-child relationship quality and academic achievement of Chinese American children from immigrant families. *Journal of School Psychology*, 50 (4), 535-553.
 35. Zhou, Q., **Chen, S. H.**, & Main, A. (2012). Commonalities and differences in the study of children's effortful control and executive function: A call for an integrated model of self-regulation. *Child Development Perspectives*, 6, 112-121.
 36. **Chen, S. H.**, Zhou, Q., Eisenberg, N., Valiente, C., & Wang, Y. (2011). Parental expressivity in Chinese families: Relations to parenting styles and children's psychological adjustment. *Parenting: Science and Practice*, 11, 288-307.
 37. **Chen, S.H.**, Liu, G, Lee, V, & Xie, J. (2002). Rising to the challenge: China's new semiconductor industry. *Future Fab International*, 12, 42-46.
 38. Michna, L., Brenz-Verca, M.S., Widmer, D.A., **Chen, S.H.**, Lee, J, Rogove, J., Zhou, R., Tsitsikov, E., Miescher, G.C., Dreyer, J.L., Wagner, G.C. (2001). Altered sensitivity of CD81-deficient mice to neurobehavioral effects of cocaine. *Molecular Brain Research*, 90 (1): 68-74.

Articles in Preparation

Chen, S.H., Chen, Y., Hsu, M.*, & Park, K.H. The Costs of Career Success: Career Socialization, Perceived Social Status, and Chinese American Well-Being

Park, K.H., Miao, M.*, & **Chen, S.H.** A Long Run Analysis of Asian American Earnings Dynamics

Peer-Reviewed Chapters and Conference Proceedings

Chen, S.H. (in press). Asian American Religious Identities: Influences on Mental Health and Well-Being from Childhood through Emerging Adulthood. In *For the Next Generation: Mental Health in Asian American/Pacific Islander Youth*. Nancy Liu (Ed). Wiley

Bohr, Y., Liu, C.H., **Chen, S.H.**, & Wang, L.K. (2018). Satellite Babies: Costs and benefits of culturally driven parent-infant separations in North American immigrant families. In M.R.T. Guzman, J. Brown, & C.P. Edwards (Eds.) *Parenting from Afar: The Reconfiguration of Family Across Distance* (pp. 304-320). Oxford University Press.

Liu, C.H., **Chen, S.H.**, Bohr, Y., Wang, L., & Tronick, E. (2016). Exploring the assumptions of attachment theory across cultures: The practice of transnational separation among Chinese immigrant parents and children. In H. Keller, & K. A. Bard (Eds.), *Meaning and methods in the study and assessment of attachment. Contextualizing*

attachment: The cultural nature of attachment. Strungmann Forum Reports, vol. 22, J. Lupp, series editor (pp. 171–192). Cambridge, MA: MIT Press.

Chen, S.H., Ly, J., & Zhou, Q. (2016). A bioecological model of Chinese American children's academic development. In W. Ma & G. Li, (Eds.) *Beyond test scores: Understanding the hearts and minds of Chinese-heritage students in North American schools* (pp. 217-230) Routledge Press.

Williams, A., **Chen, S.H.**, & Zhou, Q. (2015). Cultural Transmission of Self-Concept from Parent to Child in Chinese American Families: Does Language Matter? In *Proceedings of the 41st Annual Meeting of the Berkeley Linguistics Society* (Vol. 41).

Presentations

Invited Talks

"From Classroom to Community: Engaging Undergraduates in Research with Under-Represented Groups". Invited Keynote Speaker at *Teaching Research Excellence: Education, Strategy, & Practice* Conference, Lassell College.
"Culture, Status, and the Church". Invited Speaker, Citylife Presbyterian Church, Boston, MA, October 2023
"The Asian American Self in "Everything Everywhere All At Once"; Invited talk, Boston Analysis Group, May 2023
"Parental Love: Psychological, Chinese, and Christian Perspectives". Invited talk, Boston Chinese Evangelical Church, 2023

Culture and Emotion

"Language in Chinese American Immigrant Families: Talking (or not talking) about Love, Race, and Social Status". Invited talk, UMass Amherst Department of Psychology" (October 2022)
Wellesley Alumnae Association Faculty Speaker Series (April 2022)
Brookline Public Library (March 2022)
Wellesley College Chinese Students' Association (December 2020)

Culture and Family Development

Invited Panelist, Asian American Affinity Group, Analysis Group, Boston (May 2023).
"Parental Love: Psychological, Chinese, and Christian Perspectives". Invited talk, Boston Chinese Evangelical Church." (March 2023)
"Development of self-regulation in the Asian American immigrant family". Department of Psychology, Hamilton College. (2020).
"Class, Culture, and the Chinese Immigrant Family". Applied Development and Educational Psychology Colloquia series, Boston College. (2019).
"Stress and Separation in Chinese American Immigrant Families" Webinar presented to the Wellesley Asian Alumnae Alliance. (2016)
"Person, Process, Context, and Time: Influences on Asian American Child Development". Community lecture for Wellesley Asian Alliance/Asian Student Union (2015)
"Executive Function and Beyond: Parent Self-Regulation, Poverty & Mental Health." Crittendon Women's Union Annual Conference: "Disrupting the Poverty Cycle: Emerging Practices to Achieve Economic Mobility". University of Massachusetts, Boston. (2014)

Career and Professional Development

Clinical Science Program, Department of Psychology, U.C. Berkeley (February 2022)
Clinical Psychology Training Program, University of California, San Francisco (September 2020)
Clinical Science Program, Department of Psychology, U.C. Berkeley (2017)

Chaired Symposia

Chen, S.H. & Williams, A. (Co-Chairs). "Multilingual parent-child conversations in the family context: Implications for children's cognitive, social, and emotional development" (2025). Paper symposium chaired at the Biennial Meeting of the Society for Research in Child Development.

Chen, S.H. & Williams, A. (Co-chairs). "Bilingualism Shapes Emotional Processes: Integrating Perspectives across Psychological Science" (2022). Paper symposium chaired at the Association for Psychological Science Annual Convention.

Chen, S. H. (2017). *Effects of Transnational Separation on the Development of Chinese Immigrant Children* (Chair). Panelists: Yvonne Bohr, Rui Fu, Cindy Liu, Leslie Wang. Paper symposium chaired at the 2017 SRCD Biennial Convention.

Chen, S.H. (2014). *Using policy, community and academy connections to address contemporary migration in Asian immigrant families* (Chair). Panelists: Yvonne Bohr, Rui Fu, Cindy Liu, & Samuel Tsoi. Roundtable conducted at the 2014 SRCD Special Topic Meeting: Strengthening Connections among Child and Family Research, Policy and Practice. Alexandria, VA.

Chen, S.H. (2014). *Developing a Research-Community Mental Health Collaboration in Boston Chinatown: Visions, Challenges, and Future Directions* (Chair). Panelists: Cindy Liu & Giles Li. Interactive session moderated at the 2014 Annual Convention, Asian American Psychological Association.

Other Professional Talks

Chen, S.H. (2025). Socialization of Race-Status Beliefs in Chinese American Immigrant Families from Middle Childhood to Adolescence. Talk presented in symposium, "Asian American and Latine Parents' Ethnic-Racial Socialization Practices in Early Childhood, Middle Childhood, and Adolescence" at the 2025 Biennial meeting of the Society for Research in Child Development.

Huang, J.* & **Chen, S.H** (2024, May). *Socialization of Race and Social Status Beliefs in Chinese American Immigrant Parents and Adolescents*. Talk presented in symposium, "Sociocultural Influences on Parenting in Immigrant and Ethnic Minority Families across Continents" at the 2024 Association for Psychological Science Annual Convention, San Francisco, CA.

Zhao, K*., Luo, A*, Zhu, H. *, Xue, W*, & **Chen. S.H.** (2024, April 18-20). *Socialization of the Asian American Success Frame through Parent-Adolescent Conversations: A Mixed Method Approach*. Society for Research in Adolescence Annual Meeting, Chicago, IL, United States.

Chen, S.H. (2023). "Finding the 'Sweet Spot': Strategically Bridging Teaching with Research and Service". Talk presented at AALAC Workshop in Asian American Psychology, Haverford College.

Chen, S.H. (2023) Contentment in Chinese American families: parent socialization and connections with family well-being. Talk presented at the 2023 Asian Pacific American Religious Research Initiative Annual Conference

Chen, S.H., Ding, H*., Huang, J*., & Zhao, K*. "Race and Social Status Beliefs in Children of Asian American Immigrant Parents: Contributions of Family Processes" (2023). Talk presented at the 2023 SRCD Biennial Meeting.

Huang, C*., Wong, S*., Williams, A*., Lau, A, & **Chen, S.H.** (2023) "Parent-Child Language Gaps and Children's Socioemotional Outcomes in Chinese Immigrant Families". Talk presented at the 2023 Society for Research in Adolescence Meeting.

Huang, C*., Wong, S*., Williams, A*., Lau, A, & **Chen, S.H.** (2023) "Parents' Heritage Language Use, Socioeconomic Status, and Children's Ethnic Identity in Chinese Immigrant Families". Talk presented at the 2023 SRCD Biennial Meeting.

Chen, S.H., Gleason, T.R., Wang, M.*., Liu, C.H., & Wang, L.K. (2022). "Constructing the Socioeconomic 'Other' in Middle Childhood: Class-based Biases among Children of Immigrants". Talk to be presented at the SRCD Special Topics meeting, Construction of the 'Other': Development, Consequences, and Applied Implications of Prejudice and Discrimination, Puerto Rico, May 2022.

Chen, S.H., Gleason, T.R., Liu, C.H., & Wang, L.K. (2021) "Where we are and where we'll be in five years: Social Status and Development of Children of Immigrant Parents." Paper presented in symposium, "Children's Beliefs about Social-Class and Mobility: Implications for Socioemotional Development, Stereotype Formation, and Academic Motivation", SRCD 2021 Virtual Convention.

Williams, A. *, Liu, C., Wu, J. Meng, L. Deng, X. *, Zhou, Q., & **Chen, S.H.** (2021) "Parental Expressions of Love and Care Among Chinese Immigrant Families: The Role of Bilingual Language Choice." Paper presented in symposium, "Using Intensive Longitudinal Approaches to Understand Child Development", SRCD 2021 Virtual Convention.

Liu, C., **Chen, S.H.**, & Wang, L. (2019). "Socio-demographic Factors and Hair Cortisol in Chinese Immigrant Children and Parents". Symposium presented at the SRCD Biennial Meeting, Baltimore.

Chen, S.H. & Liu, C. (2017). "Past, Current, and Future Social Status: Relations to Immigrant Parents' Stress and Well-Being". Symposium presented, "How Do Culture and Social Processes 'Get Under the Skin'? Targeting the HPA-Axis in Cultural Relationship Science". Annual Convention of the Association for Psychological Science, Boston.

Wang, L.K. & **Chen, S.H.** (2017). "Chinese American Adult Recollections of Childhood Transnational Separations". Symposium presented, "Effects of Transnational Separation on the Development of Chinese Immigrant Children", 2017 Biennial Meeting, Society for Research in Child Development, Austin.

Zhang, X. *, Liu, C., Wang, L., & **Chen, S.H.** (2016). "Sending Babies Back to China: Parental Reasons and Feelings, and Children's Outcomes from Transnational Separation". Symposium presented, "Parental migration and child development across diverse migration contexts". 24th Biennial Meeting of the International Society for the Study of Behavioural Development. Vilnius, Lithuania

Pak, J. * & **Chen, S.H.** (2015, August). Introduction of the Asian American Undergraduate Consortium. Opening session presentation at the Annual Convention of the Asian American Psychological Association. Toronto, Canada.

Chen, S.H. (2013) *Multilingualism in the Asian American Immigrant Family: Implications for Children's Socioemotional Development*. Presentation at the Institute for the Study and Promotion of Race and Culture Diversity Challenge: "Intersections of Race, Culture, and Health or Mental Health." Boston College.

Chen, S.H., & Zhou, Q. (2013) *Poverty and academic achievement in Chinese American children*. Paper presented at the 2013 Annual Meeting, American Educational Research Association, San Francisco.

Chen, S.H. (2010, May). *Cultural orientation, parental expressivity, and child outcomes in Chinese American Immigrant Families*. Award Symposium conducted at the Annual Convention, Association for Psychological Science, Boston.

Chen, S.H., Main, A., Zhou, Q. (2009, April). *Relations of cultural orientation and temperament to Chinese American immigrant children's math achievement*. In *The Role of Temperament in Children's School Success*. Symposium conducted at the Biennial Meeting, Society for Research in Child Development, Denver.

Caponigro, J., **Chen, S.H.**, Lee, E. H., Moran, E., Sapozhnikova, A., Soehner, A., Johnson, S.L., Kring, A. (2010, June). *Strategies for translating science into practice: The Specialty Clinic training model*. Clinical roundtable presented at the Word Cognitive Behavioral Therapy Conference, Boston.

Main, A., **Chen, S.H.**, & Zhou, Q. (2010, May). *The relations of self-regulation to Chinese American children's math skills: A multi-method approach*. Paper presented at the Berkeley-Stanford-Santa Cruz Developmental Conference, Berkeley.

Chen, S.H., Chu, K., Hua, M.*, Tao, A., Lau, N., Zhou, Q. (2009, April). *Parent cultural orientation, parental expressivity, and child behavioral problems in Chinese American families*. Symposium conducted at the Biennial Meeting, Society for Research in Child Development, Denver.

Chen, S.H., & Tao, A. (2008, May). *From departure to arrival: Three components of illegal Asian immigration*. Talk given to the Institute for East Asian Studies Research Group, University of California, Berkeley.

Chen, S.H. (2005). *Parenting styles of Chinese Americans: What works? What do students prefer?* (in Mandarin Chinese). Parent presentation, The SMIC Private School, Shanghai.

Chen, S.H., (2004). *What makes the internet so appealing?* (in Mandarin Chinese). Parent presentation, The SMIC Private School, Shanghai.

Poster Presentations

Harano, T.*, Zeng, C.*, & **Chen, S.H.** (2025, April 30-May 3). *"Hair Cortisol in Chinese Immigrant Parent-Child Dyads: Intergenerational Associations and Relations with Socioemotional Well-Being"*. Poster presented at the Society for research in Child Development Biennial Meeting.

Hua, J.* & **Chen, S.H.** (2024, April 18-20). *"Somewhere Safe To Go": Effects of a Pilot Racial Affinity Program on Immigrant Asian American Transitions to College*. Society for Research in Adolescence Annual Meeting, Chicago, IL, United States.

Li, M. *, Huang, J.*, Harano, T*, **Chen, S. H.** (2024, April 18-20). *How is the Model Minority Myth internalized? Parental endorsement of the MMM and social anxiety in Asian American adolescents*. [Poster Presentation]. Society for Research on Adolescence Annual Meeting, Chicago, IL, United States.

Ding, H. *, Zhu, M*, Chen, B. *, Long, J*, & **Chen, S. H.** (2024, April 18-20) *Is Ethnic-Racial Socialization a Double-Edged Sword? A Mixed Method Investigation of Parental ERS and Asian American Adolescents' Race and Social Status Beliefs* [Poster Presentation]. Society for Research on Adolescence Annual Meeting, Chicago, IL, United States.

Li, M*. & **Chen, S.H.** (2022). "I Don't Care Whether They're Rich or Poor: Children's Class-Based Social Preferences Depend on Effortful Control." Poster Presented at the 2022 Annual Convention of the Association for Psychological Science.

Meng, L., Williams, A.*, Wu, J., Deng, X.*, Zhou, Q., & **Chen, S.H.** (2021). "Role, Responsibility and Care: A Study of Training in Chinese American Parent-Child Affirmation Discussions". Poster to be presented at the SRCD 2021 Virtual Convention.

Zhang, X., **Chen, S.H.**, Liu, C.H., Wang, L.K., Pinderhughes, E. (2021). "Sending babies to China: Chinese immigrant parents' meaning making of transnational separation". Poster to be presented at the SRCD 2021 Virtual Convention.

Chen, S.H. (2020, November). "Inequalities in Objective, Subjective, and Future Social Status: Implications for Immigrant Children's Socioemotional Development". Poster accepted for presentation at the SRCD Special Topics Workshop, *Addressing and Reducing Inequality through Developmental Science*. St. Louis.

Wu J.*, Williams, A.I.*, & **Chen, S.H.** (2020, February). "Bilingualism and parental expressions of love and care in Chinese immigrant families." Poster presented at the Parenting and Family Dynamics Preconference, Society for Personality and Social Psychology Convention, New Orleans.

Zhang, E.*, Wang, L.K, Liu, C. H., & **Chen, S. H.** (2020, February). "Beyond "culture": Authoritative and authoritarian parenting in Chinese immigrants is associated with variations in self-regulation and social class." Poster presented at the Parenting and Family Dynamics Preconference, Society for Personality and Social Psychology Convention, New Orleans.

Deng, X.*, Zhang, J., Liu, C., Wang, L., & **Chen, S.H.** (2019, March). "Verbal Expressions of Affection in Chinese American Immigrant Parents: Associations with Parenting Style and Cultural Orientation". Poster presented at the SRCD Biennial Meeting, Baltimore.

Fan, G.*, Wang, M.*, Gleason, T., Liu, C., Wang, L., & **Chen, S.H.** (2019, March). "Ethnic Minority Immigrant Children's Subjective Social Status in Middle Childhood". Poster presented at the SRCD Biennial Meeting, Baltimore.

Zhang, R.*, Zhou, C.*, Wong, P.*, Liu, C., Wang, L.K., & **Chen, S.H.** (2018, May). "Higher Self-Regulation Is Associated with Lower Status-Based Bias in Chinese Immigrant Children". Poster presented at the Annual Convention of the Association for Psychological Science, San Francisco.

Wong, S.*, Liu, C., Wang, L.K., & **Chen, S.H.** (2018, May). "Chinese Immigrant Parents' Ethnic Socialization Associated with Children's Perception of Centrality and Positive Regard for Ethnic Identity." Poster presented at the Annual Convention of the Association for Psychological Science, San Francisco.

Zhou, C.*, Wong, P.*, Liu, C., Wang, L.K., & **Chen, S.H.** (2018, May) "Associations between Parent Self-Regulation, Child Self-Regulation and Child Behavior Problems". Poster presented at the Annual Convention of the Association for Psychological Science, San Francisco.

Wang, M.*, Gleason, T.R., Liu, C., Wang, L.K., & **Chen, S.H.** (2018, May) "How Children Perceive Relative Social Status (RSS): Why They Think People Are Rich/Poor, Whom They Think Are Rich/Poor, and How That Affects Their Social Preferences". Poster presented at the Annual Convention of the Association for Psychological Science, San Francisco.

Kho, C., Yung, S.T., Main, A., & **Chen, S.H.** (2018, April). "Relation between Emotion-regulation and Stress During Emerging Adulthood in First-Generation College Students: The Role of Culture". Poster presented at the Biennial Meeting of the Society for Research in Adolescence, Minneapolis.

Jin, E.*, Wang, L., Liang, Y*, Liu, C.H., **Chen, S.H.** (2017, April). Acculturation and emotion language in Chinese immigrant parents' discussion of family separations. Poster presented at the 2017 Biennial Meeting, Society for Research in Child Development, Austin.

Yang, X.*, Liang, Y*, Wang, L., Liu, C., & **Chen, S.H.** (2017, May). Multigenerational Households and BMI in Chinese Immigrant Families: Findings from Two Transnational Contexts. Poster presented at the 2017 Annual Convention, Association for Psychological Science, Boston.

Chaudhry, T.R.* & **Chen, S.H.** (2017, May). Mental illness stigma in South Asian individuals: Associations with cultural values and parent mental illness explanations. Poster presented at the 2017 Annual Convention, Association for Psychological Science, Boston.

Schmidt, H.*, Zhao, V.*, Deveney, C.M., **Chen, S.H.**, Wilmer, J.B. (2017, April). Does higher social class cause poorer emotion perception? Poster presented at the 2017 Annual Conference, Society for Affective Science, Boston.

Cohodes, E., **Chen, S.H.**, and Lieberman, A.F. (2016, May) Child Parent Psychotherapy Improves Children's Executive Function Post-Exposure to Interpersonal Trauma. Poster accepted for presentation at the 2016 Society for Prevention Research Annual Meeting, San Francisco.

Williams, A.*, **Chen, S.H.**, & Zhou, Q. (2015, March). Code-switching and parental expression of emotion in Chinese-American immigrant families. Poster presented at the 2015 Biennial Meeting, Society for Research in Child Development, Philadelphia.

Lavi, I., Green, J., **Chen, S.H.**, Smith, G., Holloway, L., Glowacki, E., & Lieberman, A. (2015, March). Identifying Risk Factors in Intergenerational Foster Care Placements. Poster presented at the 2015 Biennial Meeting, Society for Research in Child Development, Philadelphia.

Chen, S.H., Cohodes, E., Bush, N., & Lieberman, A. (2015, March). Intergenerational Transmission of Self-Regulatory Capacities in Trauma-Exposed Families. Poster presented at the 2015 Biennial Meeting, Society for Research in Child Development, Philadelphia.

Cohodes, E., **Chen, S.H.**, Bush, N., & Lieberman, A. (2015, March). The role of exposure to interpersonal trauma in development of executive function in pre-school aged children. Poster presented at the 2015 Biennial Meeting, Society for Research in Child Development, Philadelphia.

Cohodes, E., **Chen, S.H.**, & Lieberman, A. (2015, March). Protective role of maternal emotion awareness following dyadic exposure to domestic violence. Poster presented at the 2015 Biennial Meeting, Society for Research in Child Development, Philadelphia.

Sekhon, A., Liu, C., Patel, S.G., & **Chen, S.H.** (2013, July). *English language use predicts psychosocial adjustment in recently immigrated adolescents*. Poster presented at the 2013 Convention of the American Psychological Association.

Chen, S.H., Ghosh Ippen, C., & Lieberman, A. (2013, April). *School readiness in children with a history of trauma and maltreatment*. Poster presented at the 2013 Biennial Meeting, Society for Research in Child Development, Seattle.

Ly, J., Zhou, Q., & **Chen, S.H.** (2013, April). *Prospective associations among self-regulation, teacher-child relationships, and achievement in Chinese American immigrant children*. Poster presented at the 2013 Biennial Meeting, Society for Research in Child Development, Seattle.

Chen, S.H., & Zhou, Q. (2013, April) *Variations on the bilingual advantage? Reciprocal effects of heritage language maintenance and executive function in second-generation immigrant children*. Poster presented at the 2013 Biennial Meeting, Society for Research in Child Development, Seattle.

Chen, S.H. (2012, April). *Children's self-regulation mediates effects of warm and hostile parenting on behavioral adjustment*. Poster presented at the Wisconsin Symposium on Emotion, University of Wisconsin, Madison.

Cojocar, C.M.*, & **Chen, S.H.** (2011, May). *Cultural differences in the relationships between cognitive responses, affect, and depressive symptoms*. Poster presented at the Stanford Undergraduate Psychology Conference, Stanford.

Liu, H.*, **Chen, S.H.**, Zhou, Q. (2011, April). *The association between socioeconomic status and academic achievement in Chinese-American children from immigrant families*. Poster presented at the Biennial Meeting, Society for Research in Child Development, Montreal.

Main, A., **Chen, S.H.**, Zhou, Q., & Bunge, S.A. (2011, April). *The relations of cognitive control to Chinese American children's reading and math skills*. Poster presented at the Biennial Meeting, Society for Research in Child Development, Montreal.

Chen, S.H., Hua, M.*, & Zhou, Q. (2010, May). *Cultural orientation, parental expressivity, and child outcomes in Chinese American immigrant families*. Poster presented at the Annual Convention, Association for Psychological Science, Boston.

Main, A., **Chen, S.H.**, & Zhou, Q. (2009, June). *The relations of effortful control and cognitive control to Chinese American children's reading and math skills: A multi-method approach*. Poster presented at the Neuroscience of Emotion Conference, Tufts University, Medford, Massachusetts.

Chen, S.H. & Zhou, Q. (2009, May). *Anxiety in immigrant children associated with diminished cognitive control under low-processing conditions*. Poster presented at the Annual Convention, Association for Psychological Science, San Francisco.

Tao, A., Zhou, Q., **Chen, S.H.**, Lau, N., Chu, K. (2009, April). *The relations of parental psychological control to Chinese American children's adjustment outcomes*. Poster presented at the Biennial Meeting, Society for Research in Child Development, Denver.

Tao, A., Lau, N., Zhou, Q., **Chen, S.H.**, Chu., K. (2009, April). *The relations of acculturation to Chinese American children's executive functioning*. Poster presented at the Biennial Meeting, Society for Research in Child Development, Denver.

Chen, S.H., Zhou Q., & Wang Y. (2008, May) *Parental expressivity in Chinese families: Longitudinal relations with children's coping and adjustment problems*. Poster presented at the Society for Prevention Research, San Francisco.

Michna L., Brenz-Verca, M.S., **Chen, S.H.**, Lee, J., Rogove, J., Zhou, R., Tsitsikov, E., Miescher, G.C., Dreyer, J.L., Wagner, G.C. (1999) Cocaine-induced place preference & activity in CD81-deficient mice. *Society for Neuroscience Abstracts*, 25, 1793.

Professional Service

Ad Hoc reviewer: *Child Development Perspectives; Early Childhood Research Quarterly; Early Education & Development; Emotion; International Perspectives in Psychology: Research, Practice, Consultation; Journal of Counseling Psychology; Journal of Family Psychology; Journal of Immigrant and Minority Health; Journal of Personality and Social Psychology; Journal of Research on Adolescence; Personality and Individual Differences; Research in Human Development; Social Development*

Textbook Reviewer: *Cultural Psychology (Norton); Interactive Psychology (Norton)*

Other Service

2025	Advisory Board, SRCD Towards 2044 Early Career Scholars Program
2024, 2025	Planning Committee, Asian Pacific American Religious Research Initiative Annual Meeting, Berkeley, CA
2023, 2024	Mentor, SRCD Towards 2044 Early Career Scholars Program
2023-2025	Agenda Committee, Wellesley College (Co-Chair, 2024-25)
2022-2024	Presidential Commission for Ethnicity, Race, and Equity, Wellesley College
2021-2024	Steering Committee, SRCD Asian Caucus
2023	Planning Committee, SRCD Anti-Racist Developmental Science Summit
2022	Chair, External Review Committee, Psychology Department, Bowdoin College
2022-2023	Faculty Research and Awards Committee, Wellesley College
2019-2023	Member, Society for Research in Child Development Teaching Committee
2018-present	Elected member, Tenure-Track Advisory Committee, Wellesley College
2016-present	Chair, Awards Committee; Society for Research in Child Development Asian Caucus
2015-2017	Board of Admissions, Wellesley College
2015-present	Chair, Psychology Advising Committee, Wellesley College
2014-2015	Director, Society for Research in Child Development Millennium Scholars Program
2014-2017	Director, Asian American Psychological Association Undergraduate Consortium

Professional Affiliations

American Psychological Association, Div. 45 Society for the Psychological Study of Culture, Ethnicity and Race

American Psychological Association, Div. 7, Developmental Psychology

Association for Psychological Science

Asian American Psychological Association

International Society for the Study of Behavioral Development

Society for Research in Child Development (Asian Caucus, Teaching Committee)

Society for the Teaching of Psychology

Teaching & Mentoring Experience

Courses Taught at Wellesley College

PSYC 222	Asian American Psychology
PSYC 245	Cultural Psychology
PSYC 346	Culture and Emotion
PSYC 101	Introduction to Psychology

Doctoral Committees

Cindy Huang (PhD, 2025), Teachers College, Columbia University, Department of Psychology

Junan Li (Ph.D., 2024), University of Rochester, Department of Education

Aya Williams (PhD, 2022) U.C. Berkeley, Department of Psychology (Clinical Science)

Xian Zhang (PhD, 2019) Tufts University, Child Study and Human Development

Honors Thesis Advising

Saskia Vanderwiel (2024), Therapeutic Support Specialist, Behavioral Health Network

Alexandra Mouangue (2024 – co-advisor), Clinical Research Coordinator, Drexel University

Michelle M. Wang (2017), Postdoctoral Fellow, Department of Psychology, Princeton University

Emily Jin (2017 – co-advisor), PhD Candidate, East Asian Languages and Literature, Yale University

Tahani Chaudhry (2016), PhD candidate, Clinical Psychology, George Mason University

Independent Study Advising

Tingjen Hsieh, Clinical Research Assistant, Boston Children's Hospital

Bojia Chen

Takami Harano

Maggie Hsu, MA student, Biostatistics, Columbia Mailman School of Public Health

Hailing Ding Postgraduate Associate, Yale Child Study Center

Cindy Zeng

Kexin Zhao

MJ Zelk

Manasvi Khanna

Jenna Hua, Post-Baccalaureate Fellow, Carnegie Foundation for the Advancement of Teaching

Iris Li, PhD Student, Clinical Psychology, SUNY Stony Brook

Jamie Zhang

Mavis Zhang

Emily Cheng

Katie Du

Ruixi Zhang

Louisa Oppenheim

Georgian Fan

Christine Yang

Cathy Ye

Michelle Z. Wang

Xinyu Gu

Lucia Tu

Nina Wiester

Xue Fang Deng, PhD student, Applied Developmental Psychology, University of Maryland

Caiqin Zhou, PhD student, Psychology, Brown University

Cordelia Zhong, PhD student, Clinical Psychology, Teachers College, Columbia University

Julia Liang, PsyD student, Palo Alto University

Christina Lee, PhD, Counseling Psychology, NYU

Jane Pak, Jane Pak Coaching, LLC

Clinical Training

7/2012-2014

**Clinical Psychology Fellow (APA-accredited clinical internship and postdoctoral fellowship) Dept. of Psychiatry, University of California, San Francisco
San Francisco General Hospital**

Supervisors: *Alicia Lieberman, Ph.D., Patricia Van Horn, Ph.D.*

Rotations: *Child Trauma Research Project, Psychiatric Emergency Services, Psychiatric Inpatient Treatment*

Training in Child-Parent Psychotherapy (empirically supported treatment for children ages 0-6 with trauma experiences)

7/2010-6/2011

Clinical Practicum, San Francisco VA Medical Center

Supervisors: *John McQuaid, Ph.D., Chris Galloway, Ph.D.*

Rotations: *Mood Disorders Clinic, Substance Addictions Day Hospital*

Individual CBT to patients diagnosed with mood disorders. Designed and administered group CBT module to patients in initial stabilization phase of substance dependence. Provided individual therapy to patients in recovery phases of substance dependence.

8/2009-5/2010

Psychotherapy Intern, Mood Disorders Clinic, U.C. Berkeley

Supervisors: *Michael Tompkins, Ph.D., Sheri Johnson, Ph.D., Ann Kring, Ph.D.*

Provided individual CBT and group psychoeducation for adults with bipolar spectrum disorders, depression, OCD, and Body Dysmorphic Disorder.

8/2008-5/2010

Psychotherapy & Assessment Intern, U.C. Berkeley Psychology Clinic

Supervisors: *Daniel Weiner, Ph.D., Nadine Tang, LSCW; Bruce Smith, Ph.D., Jan Gregory, Ph.D., David O'Grady, Ph.D.*

Provided individual CBT and psychodynamic therapy to adults with panic disorder and depression. Completed adult, adolescent, and child neuropsychological and/or psychodiagnostic assessments

2007-2011

Diagnostic Assessor, Kids and Family Project

Culture and Family Study Laboratory, U.C. Berkeley

Supervisor: *Qing Zhou, Ph.D.*

Academic and behavioral assessments of Chinese American immigrant children

Fall 2007

Focus Group Leader, New Beginnings Project

U.C. Berkeley Psychology Clinic

Supervisor: *Qing Zhou, Ph.D.*

Conducted focus groups for recently divorced Asian American mothers; collected feedback on effectiveness of intervention program's adaptation for Asian American populations.