## The Butterfly Zone

Creighton Educational Garden

Designed to meet the needs of the butterflies that live in or migrate through the campus of Wellesley College, this "life cycle garden" supports all stages of the typical butterfly life cycle with —

#### **Host Plants** to Feed Caterpillars

When female butterflies are ready to lay eggs, they seek out host plants for their caterpillar offspring by "tasting" chemical cues with their feet and identifying the right plants using visual signals such as leaf shape. Host plants for caterpillars tend to be specialized;

for example, Great Spangled Fritillary caterpillars are reported to feed exclusively on violets, and Monarchs famously feed on milkweeds, sequestering the plants' toxins for their own defense against predators.

#### **Nectar-rich Flowers** to Sustain Butterflies

Adult butterflies typically can obtain nectar from a wide range of open, tubular-shaped flowers, and seem to prefer plants with flowers clustered together, as in Verbena, Buddleia, Asclepias, and the large Composite family, which includes Echinacea, Rudbeckia, and the asters.

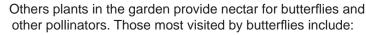
#### **Small Water Feature** to Support Life

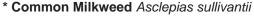
A shallow "puddle" is critical for butterflies who take in water as well as salts from the evaporated puddle edges.

### Wellesley College Butterfly Garden

Many of the plants in the garden serve as host plants for caterpillars. Some of these relationships are quite specific:

- \* Hairy Beard-Tongue Penstemon hirsutus is a caterpillar host for Baltimore Checkerspot (Euphydryas phaeton)
- \* Milkweeds Asclepias are caterpillar hosts for the Monarch butterfly (Danaus plexippus)
- \* Pussytoes Antennaria plantaginifolia is a caterpillar host for American Lady (Vanessa virginiensis)
- \* The genus Viola is a caterpillar host for the Great Spangled Fritillary (Speyeria cybele)





- \* Wild Bergamot Monarda fistulosa var Wahpe Washtemna
- \* Blue Buckle Stiff Beardtongue Penstemon virgatus
- \* Hairy Beard-Tongue Penstemon hirsutus
- \* Small's Penstemon Penstemon smallii
- \* Purpletop Vervain Verbena bonariensis
- \* Butterfly bush Buddleia davidii



Red Admiral



**Baltimore Checkerspot** 

There are many butterflies found in Middlesex County, the most commonly sighted ones in this garden include:

- \* Monarch Danaus plexippus
- \* Painted Lady Vanessa cardui
- \* Pipevine Swallowtail Battus philenor
- \* Red Admiral Vanessa atalanta
  - \* Cabbage White Pieris rapae
  - \* Great Spangled Fritillary Speyeria cybele
  - \* Eastern Tiger Swallowtail Papilio glaucus



Great Spangled Fritillary



Help us document butterfly activity in the Wellesley College Creighton Educational Garden.

- Tell us what butterflies you see in the garden.
- · Let us know if you see butterflies visiting any of the other flower species in the garden.



Monarda fistulosa

Eastern Tiger

Swallowtail



hirsutus

## Your Own Butterfly Garden

A fun and exciting way to facilitate butterfly conservation!

Increasing urbanization and development threatens critical butterfly habitat. By including both host plants for caterpillars and nectar plants for butterflies, you will greatly increase the number of butterflies in your home garden and provide a haven for these beautiful and intriguing animals.



Design your garden using plants with a succession of blooming times throughout the growing season to provide a steady nectar supply. This will attract different butterflies at different times depending on their life cycles and migration habits. Remember to grow host plants to support the complete butterfly life cycle.

#### **Look for Eggs**

On the undersides of leaves there might be butterfly eggs. Females will lay eggs in groups, singly or in patterns depending on the type of butterfly. They attach the eggs to the plants with a glue-like fluid. For most species eggs are laid during the growing season; however

there are some butterflies whose eggs don't hatch until the next growing season. Eggs come in many shapes and colors, according to species.

#### **Look for Caterpillars**

On the leaves and stems of host plants caterpillars spend their short lives. Butterfly eggs hatch into caterpillars which eat the egg casing and then the fresh plant material of the host plant. As caterpillars eat and grow, they molt many times. The intermediate stages between molts are called instars.

#### Learn about Local Butterflies

Massachusetts Audubon's handy "Guide to Northeastern Butterflies and Butterfly Gardening," and the fabulous book "Butterflies of the East Coast: An Observer's Guide," by Rick Cech and Guy Tudor (Princeton Univ. Press, 2005).

Visit www.butterfliesandmoths.org to discover your local butterflies.

#### Wellesley College Botanic Gardens Friends of Wellesley College Botanic Gardens



A shared tradition of bringing horticulture to the College and the Community.



For more information about WCBG and/or WCBG Friends, please visit our website:

www.wellesley.edu/WCBG

or contact the Friends:

Friends of Wellesley College Botanic Gardens Science Center 106 Central Street Wellesley, MA 02481-8203

781-283-3094

wcbgfriends@wellesley.edu

#### Butterfly image credits:

Painted Lady, Red Admiral Eastern Tiger Swallowtail Bob Moul bmoul1@comcast.net

Great Spangled Fritillary
Barbara Spencer bspencer@mapinternet.com

Baltimore Checkerspot Frank Model fsmodel@aol.com

All other photos by WCBG staff

Illustrations by Jeanne Kunze

Funding for the Creighton Educational Garden provided by the Harriet B. Creighton Botanic Gardens Fund, with additional support from the Mona M. Lacy and Clive W. Lacy Trusts.

Grateful acknowledgement to Gertrude K. Dever, whose steady advocacy and support for the garden turned a vision into reality.

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